

MP Weight Loss Clinic

Being overweight increases the risk of diabetes, arthritis, high blood pressure, heart disease, infertility, pregnancy complications, and more. We offer prescription options for weight loss while encouraging exercise and a healthier diet.

Semaglutide/Tirzepatide

(marketed commercially as Ozempic/Monjouro)

- Under the skin injection given at home **once weekly** by the patient (abdomen preferred)
- Creates feeling of fullness (decreased appetite)
- Offers slow sustained weight loss
- Can use long term for weight loss & prevention of weight regain
- **Motivated patients can lose up to 20% of their body weight with Semaglutide & up to 30% with Tirzepatide**
- Can cause nausea and constipation
- **Don't use if a history of pancreatitis, some thyroid cancers, or diabetes requiring insulin**
- **Delivered** to your home by a compounding pharmacy in Texas. **Pickup** is available at pharmacy or clinic

AXTELL - Semaglutide 2.5 mg/mL | Cyanocobalamin 0.5 mg/ML

Dose/mg	Units	Qty/mL/vial	Cost	# of injections	Follow up
0.25	10	0.5 mL	\$70.00	5	4
0.625	25	2 mL	\$95.00	8	7
1	40	3 mL	\$155.00	7	6
1.5	60	4 mL	\$180.00	6	5
2	80	4 mL	\$180.00	5	4
* 2.5	100	4 mL	\$180.00	4*	7

AXTELL - Tirzepatide 30 mg/mL | Cyanocobalamin 0.5 mg/ML

Dose/mg	Units	Qty/mL/vial	Cost	# of injections	Follow up
2.5	8	0.5 mL	\$135.00	6	5
4.2	14	1 mL	\$225.00	7	6
7.5	25	1.5 mL	\$325.00	6	5
10	33	2.0 mL	\$360.00	6	5
* 12.5	42	2.0 mL	\$360.00	4*	7
15	50	2.0 mL	\$360.00	4	7

* Refill is added, Axtell takes 3-5 business days for shipping

Office consult fees · \$175 Established GYN patients w/ Dr. Moore · \$225 New patients · \$75 follow up visits

MP Weight Loss - Dr. Carter Moore 304 West 20th Street. Mount Pleasant, Tx 75455

Main - 903-708-2533 | Secondary - 903-572-7355 | MPWeightLossClinic.com | mpweightlossclinic@gmail.com

Information:

Please allow for **up to 3 business days for the receipt & tracking information** to reach your **email or text**.

Once you receive the medication at your doorstep be sure to place the medication in the refrigerator.

Follow-Ups and instructions:

Are required to maintain a proper dosing schedule.

Please read your label for the injection instructions. If you are unclear of the instructions, please call our office.

Recommended Apps:

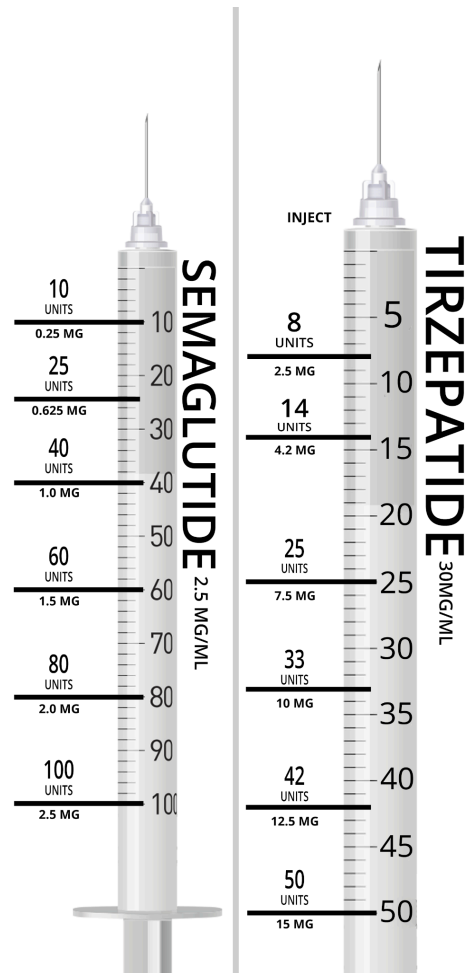
Shot Tracker: <https://shotsyapp.com/>

Calorie and Weight Loss Tracker:
<https://www.loseit.com/>

Our Website: <https://mpweightloss.com/>

Where to inject?

Inject under the skin (subcutaneously) only. You or another person can inject into your stomach (abdomen) or upper leg (thigh).



How to improve success with any weight loss regimen.

- Avoid foods with a high glycemic index. This includes sugar, bananas, breads, potatoes etc. These foods are rapidly absorbed creating prompt satisfaction, but are quickly used by your body resulting in a prompt return to hunger.
- Eat foods like dairy products, meats, vegetables, and beans that will keep you full longer. High protein diets. These foods are slow to digest and provide your body with energy for a longer period of time than high glycemic index foods.
- Avoid beverages with calories. We eat because we are hungry. We drink because we are thirsty. Do not confuse the two. Drink water, unsweetened tea or diet drinks for thirst. For those who love coffee, a small amount of creamer is acceptable.
- Maintain a healthy lifestyle: Incorporate regular physical activity and a balanced diet into your daily routine. Aim for at least 30 minutes of moderate-intensity aerobic activity per day.

Notes: